

(57) Abstract: A method in a network of the delivery of files from a server computer (101) to a client computer (102) in which the client computer is polling the server computer looking to see in the server if at least one new file associated with this client computer is available. If yes, then the client computer is downloading the files associated with this client computer at specific intervals. The client computer is all by itself polling the server computer at specific intervals and it itself controls the downloading of the updates which occurs at times during which the downloading does not disturb the working of the client computer.